



HOUSTON CHILDREN'S OUTDOOR BILL OF RIGHTS



RIGHT : YOUTH PARTICIPATION AND ENGAGEMENT

Children have the right to discover leadership opportunities to be stewards of nature.

This is incredibly important for young people, regardless of circumstance. By trying new things and facing fears, children are proving to themselves that they can overcome obstacles and see themselves as powerful and successful.

YOUTH PARTICIPATION AND YOUTH ENGAGEMENT BENEFITS

- Spending time in nature positively contributes to children's well-being, providing a break from the stresses and anxieties of modern childhood.
- Unstructured outdoor recreation provides opportunities to take risks, develop problem solving skills and build self-esteem.
- Time spent outdoors during childhood, and role models who care for nature, are the two most influential factors that contribute to environmental stewardship in adults.



Hear the about **impact** on youth from participation and engagement opportunities.



Houston's **Precinct 3 Parks Program** offers many youth activities within its 69 parks.



The **SCA Houston Community Programs** aim to build the next generation of conservation leaders and environmental stewards.



Houston Wilderness has created a **Wilderness Passport** to encourage youth and families to explore the Houston outdoors.

