

**HOUSTON CITY COUNCIL MEMBER AT-LARGE, POSITION 3** 

## THE CARTER CHRONICLES





Friends,

As we sail into September, I find myself wondering where the time has gone. It feels like just yesterday we welcomed April showers and enjoyed May flowers, and weathered a storm, or two!

With the anniversary of September 11 approaching, I am reminded of my late grandfather, a proud World War II Navy Seabee. His unwavering love for our nation continues to inspire me, and I am grateful to carry on his legacy of patriotism. As we approach this monumental day in our country's history, take a moment to remember where you were and what you felt. If nothing else, thank a veteran and honor the memory of those we lost.

Rolling through the cobwebs of my mind- "You've got to stand for something, or you'll fall for anything... You've got to be your own man not a puppet on a string... Never compromise what's right and uphold your family name... You've got to stand for something, or you'll fall for anything" ~ Aaron Tippin

Turning the page, if there is anything the At-Large 3 Team can do for you, please do not hesitate to reach out to the office, we are here for you! Thank you for the honor of serving *our Houston*.

Council Member Twila Carter At-Large Position 3





### **City Council Committee Assigments**

Resilience Committee - Chair Ethics and Governance Committee - Vice Chair Budget and Fiscal Affairs (BFA) Committee Proposition A Committee



# OUT AND ABOUT

## AWARENESS MONTH

## CHILDHOOD CANCER

SEPTEMBER







2024 Co-Chairs Chelsea Collmer and Laurie Sanders Invite you to the Kickoff for

Boots and Bourbon

ON THE BAYOU

Join us at TOOTSIES to sip, shop, and socialize for a cause!
Please bring a bottle of Bourbon valued at \$50 or more to fill
our Bourbon Pull.

Wednesday, September 4, 2024 4:00 pm - 6:00 pm

TOTSES
2601 WESTHEIMER RD.

RSVP by August 30th to <a href="mailto:rsvp@franciscoandco.com">rsvp@franciscoandco.com</a>

A percent of shopping proceeds will benefit the Sunshine Kids Foundation.

### HELPING CHILDREN WITH CANCER SMILE

The Sunshine Kids is a nonprofit organization dedicated to children with cancer. Established in 1982, they are committed to providing positive group activities and emotional support for young cancer patients.













## EVENTS







5K Run/Ruck/Walk

Saturday, September 7, 2024 Opening Ceremonies @ 7:30 a.m. Race Start @ 8:00 a.m. Houston City Hall | 901 Bagby

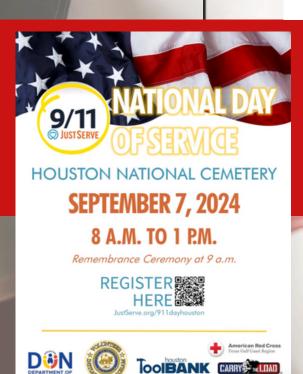
#### **BENEFITING**

















VOLUNTEER HERE
Kids Meals
Sunshine Kids

Kids Meals
Sunshine Kids
Candlelighters
Houston Food Bank
Star of Hope
Medical Bridges



**Poverty** 

Safe Neighborhoods Economy

Infrastructure

Click2Connect

## **CITY PROCLAMATION**

HOUSTONS FIRST ALL LATINO HOMICIDE SQUAD



A&E to Premiere Two-Night Documentary
Event 'The Chicano Squad' Beginning Monday,
September 2nd at 9/8c
Available directly on A&E



## **ANNOUNCMENTS**



## PROJECT PR HTX

Park Recovery and Restoration Initiative



Report Street Trees Removal 832.395.7100 Non-Emergency Street Tree Service 3.1.1 or 713.837.0311



City Hall Annex, 900 Bagby 1st Floor, Houston, Texas 77002-1562

Mailing Address: P.O. Box 1562 Houston, TX 77251



## CARTER'S **Cooking Corner**

SEPT 2024 / VOL. 004



#### **TOP NEWS**

Recipe of the Month: Chicken and Waffles

What are they saying on the food network?

Featured Chef of the Month **Brandy Hinds-Boone** 





## **Featured Chef** of the Month

Introducing: Chef Brandy (43)

Born: LaMarque, Texas

#### **CULINARY STYLE: EXCEPTIONAL SERVICE FOR EVERY** OCCASION, HIGHLIGHTING FRESH **INGREDIENTS, & IMPECCABLE**

Cooking Style: Southern Cuisine

PRESENTATION.

Favorite Thing to Cook: Tie Between Tuscan Chicken and Mango Glazed Salmon

Favorite Thing to Bake: Mothers Lemon Meringue Pie











**Business Information:** @ConsuelasKitchen (713) 428-1210

## **Maple Chicken and Waffles**

Its A Fan Favorite for a Reason! Directions:

Ingredients: 4 Lbs of Chicken Wings 2 Cups of Buttermilk

2Tbs of Hot Sauce 2 Cups of AP Flour 1 Cup of Cornstarch Dash of Salt and Pepper Dash of Onion Powder Dash of Garlic Powder Dash of Chili Powder

Dash of Herbs de Provence or Italian Seasoning

Dash of Paprika Dash of Cayenne Pepper 1/2 c chopped strawberries 1T Green Onion 1T Powder Sugar

Your Choice of Your favorite Waffle Mix & Syrup

STEP 1: Wash, Dry and Season Your Chicken

STEP 2: Marinate Chicken in buttermilk, eggs and Hot Sauce for 30 mins.

STEP 3: Toss wet Chicken Wings in the Flour and Cornstarch mixture.

STEP 4: Heat Your oil to 360 degrees or (med high)

STEP 5: Fry Your Chicken wings for 14 minutes or until GBD (Golden Brown Delicious)

Step 6: Make Your Waffles using your favorite waffle mix.

Step 7: Remove Wings from fryer and sprinkle with dash of

Step 8: Place Your waffle on a plate. Top with your chicken wings. Add the strawberries. Drizzle with Maple syrup. Add fresh green onions and powdered sugar for garnish.

## Food Terminology and what it means!

Have you ever been watching a cooking show and they started using words you never heard before? Well, we are here to help with that. Here is a list of common food terms heard on popular cooking shows and what the actually mean.

- -Al Dente: "Firm Pasta"
- -Braise: "To Cook Slowly"
- -Butterfly: To Evenly Split With Knife
- -Deglaze: "Adding Liquid to a Cooked Pan" -Bain Marie: "Double Boiler" -Emulsify: "Mixing Liquids That Don't Mix." -Chiffonade: "Shredded Fine For example using oil & vinegar to make salad dressing.
- -Purée: Blend Veggies or Fruit Smooth" -Leaven: "Adding Yeast, Baking Soda or Powder
- -Julienne: "Cutting Veggies into Matchstick Size"

  - -Chiffonade: "Shredded Fine Circular Cut"
  - -Blanch: (Not The Golden Girl) But To Boil in Hot Water, Then Submerge in Ice Water.



## HOUSTON

## Canvas & Cocktails

Unleash your creativity and explore biodiversity through the visual arts. Join Houston artist and teacher Roberto Castillo for a cocktail-infused painting party, exploring color and form, based on plants at the Houston Botanic Garden.

Adults only. No painting experience necessary. All art materials provided. Sept. 14th 1:00 pm







## CHILL & HEAL SEPT. 22 11 AM

Yin & Zen is all about slowing down, breathing deeply, releasing stored tension and stress, and finding internal peace and balance.

To celebrate the new electric trains on the Hermann Park Railroad, ExxonMobil is sponsoring "Ride the Rails Week," offering free rides from Saturday, August 31, through Friday, September 6.





HPD (Non-Emergency)	713.884.3131
Airport System	
Animal Control (BARC)	
Anti-Gang Office	832.393.0931
Area Agency on Aging	
Citizens' Assistance	832.393.0955
City Secretary	832.393.1100
Dept. of Neighborhoods	832.393.1038
Health & Human Services	832.393.5169
Mayor's Office	832.393.1000
Municipal Courts	713.837.0311
Parks Department	832.395.7000
Permitting Center	832.394.9000
Public Works & Engineering	832.395.2511
Solid Waste Management	713.956.6589
HCDAO Victims Services	713.274.0250
LGBT Switchboard 24-hour Helpline	713.529.3211
Anti-Defamation League	713.627.3490
The Montrose Center	713.529.0037
Texas Family and Protective Services	800.252.5400
Power Outages	713.207.2222

#### **For Senior Citizens**

#### **Housing Resources for Seniors**

www.hud.gov/states/texas/homeownership/seniors

#### Texas Veterans Legal Assistance Project

www.tlsc.org/veterans

#### Social Security

www.ssa.gov

#### **Service for Caregivers**

https://www.hhs.texas.gov/services/health/support-caregivers

#### **Texas Driver License Information for Seniors**

https://www.dps.texas.gov/section/driver-license/drivers-age-79-or-older

#### **AARP**

www.aarp.org













#### **Public Session Sign-up**

Tuesdays at 1:30 PM Houston City Hall - 901 Bagby Street, 2nd Floor

Wednesdays at 9:00 AM - City Agenda

## **At-Large 3 Team**



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### **DISTRICT COUNCIL MEMBERS**

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District E - Fred Flickinger 832.393.3008

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**District G** - Mary Nan Huffman832.393.3007

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District J - Edward Pollard 832.393.3015

District K - Martha Casex-Tatum 832.393.3016



